



Cook County Policy Roadmap

Healthy Communities

Goal:

Improve the physical, mental, and social well-being of Cook County residents and communities.



Health and Wellness



Cook County is committed to improving the health and well-being of all residents. Through collaboration and partnership with government agencies, community-based organizations, and healthcare providers, the County aims to reduce residents' barriers to accessing health services and advance policies and programs that encourage healthy, active living and overall well-being.



Objectives:

1. Reduce health inequities by addressing the racial disparities and the social, physical and economic conditions that impact health.
2. Improve access to and integration of high-quality, responsive healthcare.
3. Support healthy and active lifestyles and communities for residents.
4. Implement a public health approach that emphasizes trauma-informed strategies for mental and behavioral health, substance use, and community safety.

Healthy Communities Programs Have Included. . .

- [COVID-19 Vaccine Distribution](#)
- [Building Healthier Communities Behavioral Health Initiative](#)

OUP will foster Healthy Communities by:

- adopting a holistic, trauma-informed, whole-person approach that recognizes the role systems play in residents' health outcomes;
- increasing access to and availability of healthy, locally sourced foods for residents through partnership with the Greater Chicago Food Depository and implementation of the Good Food Purchasing Program; and
- treating substance use and gun violence as matters of public health.

To read the full policy roadmap, visit:
www.cookcountyil.gov/service/policy-roadmap



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